



Menu

Welcome to Bistro 100 Restaurant & Lounge

We are committed to exceed your expectations and use only the finest products available. If you have any special dietary requirements or questions please contact me or a member of our culinary team.

Chef Farook Ahmed

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Planning a special event?

Whether you are looking to host your event in your office or off site, our Catering Specialist can help you with your catering needs.

Contact our Catering Department at xt 134 to help you organize your next event.



Let Us Begin

Soup of the Day \$ 6
Enjoy our Homemade Soup – Made Fresh Daily

Three Onion Soup \$ 7
*Savory Beef Broth with sautéed Garlic & Fresh Thyme,
Topped with melted Monterey Jack Cheese*

Calamari \$10
Tender Calamari that is lightly dusted and fried served with spicy Thai sauce

Chicken Wings 1/2 lb. \$10 or 1 lb. \$15
*Enjoy our delicious Wings with one of the
Following Sauces – BBQ, Honey Garlic, Sweet Chili or Hot Sauce*

Chipotle Chicken Nachos \$12
*Crispy nachos baked with Melted Cheese, Chipotle Spiced Chicken, Tomatoes, Scallions
and Jalapeños. Served with Salsa and Sour Cream*

Sole Fingers \$9
Strips of Breaded Filet of Sole, deep fried and served with Homemade Tartar Sauce

Crab Cakes \$10
*Seafood Cakes made with Crab Meat, Lobster, Cod & Red bell Peppers.
Served with Sweet Chili Sauce*

Combo Platter \$10
*Assortment of Mozzarella Sticks, Jalapeno Poppers, Breaded Shrimp &
Chicken Fingers (add additional piece for \$1.25)*

Mushroom Caps \$10
*7 Jumbo Mushroom Caps stuffed with Shrimp, Creamed Cheese & Herbs. Coated with
Panko Crumbs and Deep Fried*

All Day Breakfast

Two Eggs any Style, Two Strips of Bacon with your Choice of Breakfast Bread
Served with a side order of Home Fries \$10

LC = Low Carb  = Vegetarian  = Spicy

Applicable taxes extra. Groups of 8 or more, 15% gratuity will be added

Salads

-  **Organic Greens** \$7
A Variety of Fresh Organic Greens served with Our House Dressing
- Classic Caesar Salad** \$9
Crispy Romaine Lettuce tossed in Bacon, Garlic Croutons and Asiago served with our Creamy Caesar Dressing
- Thai Chicken Salad** \$13
Enjoy our Thai Flavored Chicken with Mango & Pineapple served on a bed of Mixed Greens
-  **Greek Salad** \$9
Crumbled Feta Cheese, Red Peppers, Grape Tomatoes, Kalamata Olives, Cucumber & Red Onion tossed in our Greek dressing and served on a bed of fresh Greens
- Tuna Nicoise Salad** \$10
A generous Dollop of Tuna served on a bed of Iceberg and Romaine Lettuce with Tomato Wedges, Hard Boiled Egg, Red Onion & Olives

Add to Your Salad

Fire Grilled Chicken Breast.....\$4

or

Fire Grilled Shrimp Skewer or Grilled Salmon \$6

Asian Inspired

- Butter Chicken** \$14
Chicken Tikka cooked in Creamy Aromatic Tomato Gravy served with Naan Bread & Basmati Rice
- Beef Teriyaki** \$16
Teriyaki glazed strips of Beef tossed with Onions, Pepper & Mushrooms served with Steamed Rice
- Cashew Chicken Stir-fry** \$16
Pan Seared Oriental Chicken & Vegetables sautéed with Sweet & Sour Sauce Served on a bed of Rice
-  **Shanghai Noodles** \$16
Classic Asian noodles stir fried in Spicy Szechwan Sauce with Chicken & Vegetables

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Pizza

- Pepperoni Pizza** \$10.95
Traditional Cheese Pizza with Tomato Sauce and Pepperoni
- Hawaiian Pizza** \$10.95
Pizza topped with Cajun Chicken, Pineapple and Green Peppers
- Summer Veggie** \$10.95
Pizza topped with Mushroom, Onions, Red and Green Peppers

Pasta

- Herb Penne Pasta** \$ 10
Vegetables, Onions, & fresh Garlic tossed in Tomato Sauce topped with Parmesan Cheese & Mixed Herbs
- Fettuccine Alfredo** \$ 10
Sautéed Mushroom, Peppers & Onions tossed in a Parmesan Cream Sauce

Add To your Pasta

Chicken Breast.....\$ 4 or Shrimp or Salmon..... \$ 6

- Meat Lasagna** \$13
Beef, Ricotta, Mozzarella, Parmesan Cheese, and Tomato Sauce baked between sheets of Pasta. Served with Garlic Bread
- Chicken Florentine Lasagna** \$14
Chicken, Spinach, Red Peppers, Mushrooms & a Blend of 3 Cheeses baked between sheets of Pasta. Served with Garlic Bread
- Four Cheese Agnolotti** \$14
Stripped Egg and Spinach Pasta stuffed with Ricotta, Parmesan, Fontina and Pecorino Cheese, with a Pesto Cream Sauce. Served with Garlic Bread

Sandwiches

All Sandwiches are served with Coleslaw and Your choice of French Fries or Our Garden Salad

- Chef's Club Sandwich** \$10
Grilled Chicken, Fried Egg, Bacon, Lettuce & Tomato Layered on Toasted Whole Wheat or White Bread
- Reuben** \$10
Warm Corn Beef, Sauerkraut & Mustard on Toasted Rye Bread
- Steak Sandwich** \$12
6 oz. Steak Grilled to your liking served on a Panini with Balsamic Glazed Onions and Horseradish remoulade

Wraps

All Wraps are made from flour tortillas spread with roasted red pepper hummus, diced tomato, shredded lettuce and tex-mex cheese.

Cajun Grilled Chicken	\$12
Tuna Cheese Melt	\$12
Mediterranean Vegetable	\$10

Classics

Angus Beef Burger	\$11
<i>Mouth watering 8 oz burger topped with Cheddar Cheese, Back Bacon and Pickles. Served with Fries</i>	

Fish and Chips	\$14
<i>Beer Battered Halibut served with Traditional Coleslaw and Homemade Tartar Sauce</i>	

Shepherd's Pie	\$12
<i>Delicious Beef Cooked with Vegetables and Topped with Mushrooms and Yukon Mashed Potatoes and Served with Garlic Bread</i>	

Entrées

All Entrees are Served with Seasonal Vegetables, and Your Choice of One of the Following: French Fries, Baked Potato, Garlic Mashed Potatoes, or Rice Pilaf
All of Our Beef is Grade AAA, Grain Fed & Centre Cut

Centre Cut New York Steak	8 oz. - \$22	or	10 oz. \$25
<i>Grilled to Your Liking</i>			

Surf & Turf	\$24
<i>8 oz. Sirloin Steak served with a Shrimp Skewer & Sweet Chili Sauce</i>	

Pork Back Ribs	Half Rack	\$15
<i>Slow Roasted Ribs Basted in BBQ or Honey Garlic Sauce</i>	Full Rack	\$24

Stuffed Breast of Chicken	\$18
<i>Grilled Chicken Breast stuffed with Mushrooms and Leek and Smothered in a Balsamic Cream Sauce</i>	

Chicken Cordon Bleu	\$19
<i>Chicken Breast stuffed with Ham & Swiss Cheese, topped with our Supreme Sauce</i>	

Maple Glazed Salmon	\$19
<i>Topped with Caper Butter Sauce</i>	

Rainbow Trout	\$18
<i>Pan Fried served in a Garlic Dill Sauce</i>	



Mahi Mahi	\$18
<i>Oven Roasted with a Spicy Creole Sauce</i>	

After Dinner Treat

Specialty Coffees

Bistro 100

Baileys and Banana Liqueur with hot coffee, whipped cream and a cherry

\$7

Monte Cristo

Kahlua and Grand Marnier with hot coffee, Whipped Cream and a Cherry

\$7

Irish Coffee

Irish Whiskey with hot coffee, Whipped Cream and a Cherry

\$7

B52 Coffee

Grand Marnier, Baileys and Kahlua with hot coffee, whipped cream and a cherry

\$7

Spanish Coffee

Tia Maria and Rum with hot coffee, whipped cream and a cherry

\$7

Blueberry Tea

Grand Marnier, Amaretto and tea served with a slice of orange

\$7

Dessert Selection

Turtle Cheese Cake

Drizzled with a Raspberry Topping

\$6

Belgian Chocolate Mousse

Rich Chocolate Cake with a light Mousse filling and Garnished with Fruit Coulis

\$6

Classic Carrot Cake

Deliciously spiced double layer cake finished with a rich cream cheese icing edged with Strawberry Sauce

\$6

Sizzling Apple Blossom

Milton's Very own Apple Blossom served on a Hot Iron Pan Topped with Vanilla Ice Cream

\$7

Tuscan Tiramisu

a combination of sponge cake, whipped cream, mascarpone cheese, cinnamon and cocoa powder

\$7

Rolo Cake

Chocolate Cake with a Cream and Caramel filling

\$7