



Holiday Inn

Mississauga Toronto West

100 Britannia Road East,
Mississauga, Ontario L4Z 2G1
Phone: 905-890-5700 Fax: 905-890-5684

Breakfast and Breaks

The Continental

Fresh Fruit Tray, Assorted Danish, Muffin and Croissants
Preserves, Assorted Fruit Juices, Coffee & Tea

Early Morning

Fresh Fruit Tray, Assorted Danish, Muffin and Croissants,
Choice of Buttermilk Pancakes, French Toast or Scrambled Eggs & Home Fries
Smoked Bacon & Sausage, Assorted Fruit Juices, Coffee & Tea

Good for You

Natural Flavored Yogurts, Granola and Cereal Bars, Sliced Fresh Fruit Tray,
Coffee & Tea and Assorted Fruit Juices

Sugar Crave

Fresh Fruit, Cookies, Brownies, Assorted Squares, Coffee & Tea

Beverages

Regular and Assorted Herbal Teas
/ Silex (serves 8 cups)
Nabob Regular and Decaffeinated Coffee
/ Silex (serves 8 cups)
Urn (serves 50 cups)
Soft Drinks or Fruit Juices
Bottled Water
Perrier Water

Extras

Peanuts, Pretzels or Chips
Nacho Chips & Salsa
Freshly Baked Cookies
French Pastries
Danish, Muffins or Croissants

Lunch Menu

Assorted Breads and Butter

Choice of

Soup of the Day, Garden Salad or Caesar Salad

Entrees

BBQ Breast of Chicken *

Jerk Chicken *

Breaded Filet of Sole with Lemon Butter *

**** Above Served with Choice of One***

Mini Potato Wedge, Yukon Gold Whipped Potato, Roast Potato
or Rice Pilaf

Additional Entrees

Chicken or Beef Stir Fry combined with Vegetables and served with Rice

Old Fashioned Beef Stroganoff served with Egg Noodles

Seasonal Vegetables

Choice of Dessert

New York Cheese Cake with Fruit Coulis,
Black Forrest Cake, Carrot Cake or
Chudleigh's Apple Blossom with Crème Anglaise

Coffee and Tea

Working Lunch

Minimum 10 People

Sandwich Sampler

Soup of the Day along with Garden or Caesar Salad
Prepared Sandwiches made with Assorted Baked Breads
and Deli Meats and Cheese, Vegetarian, Egg and Tuna Salad
Assorted Cookies

Hungry Mans

Soup of the Day along with Garden or Caesar Salad
Make your own Sandwich with Assorted Baked Breads
Deli Meat Platter with Sliced Tomato and Cheese,
Turkey, Black Forest Ham, Pastrami,
Tuna and Egg Salad
Mini French Pastries

Fajita Station

Garden Salad
Sautéed Chicken and Beef Strips with Julienne Peppers and Onions
Warm Flour Tortilla, Shredded Cheese, Sour Cream, Salsa and Guacamole
Marinated Vegetables with Lemon Aioli
Assorted French Pastries, Sliced Fresh Fruit

Italian

Pan Seared Chicken with Artichokes Mozzarella & Parmigano Cheese
Oven Roasted Red Potatoes with Sun dried Tomato Aioli
Penne All'Arrabiata
Penne with Spicy Garlic Tomato Sauce with Chili Flakes & Basil & Peppered Beef
Oven Roasted Wild Mushrooms with Garlic & Cilantro
Sweet Cannoli

Little Italy

Caesar Salad, Garlic Bread and Meat Lasagna with Assorted Pastries
OR
Caesar Salad, Veal Scaloppini on a Bun smothered with Sautéed Mushrooms,
Onions and Peppers along with Tiramisu Cake

Southern Fare

Garden Salad along with Southern Fried Chicken, Dollar Chips and Apple Blossom Dessert
OR
Garden Salad with Cajun Chicken Breast, Fried Rice and Home Baked Cookies

All selections include Coffee & Tea



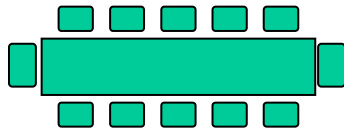
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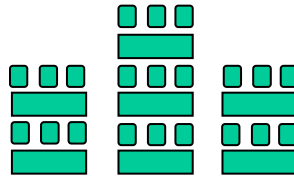
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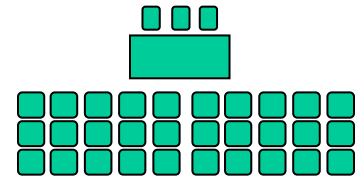
BOARDROOM

Provides note taking space and also allows for participant interaction.



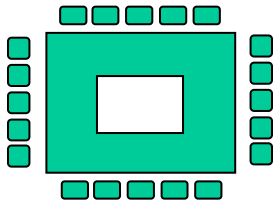
CLASSROOM

Provides note taking space and focuses all attention to the front of the room.



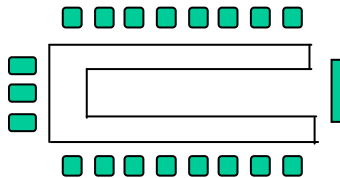
THEATRE

Provides maximum seating capacity. Ideal for large groups.



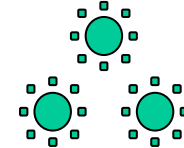
HOLLOW SQUARE

Provides note taking space and is ideal for workshop discussions.



U-SHAPE

Ideal for audio visual presentations.



BANQUET

Round tables for 8 to 10 guests provides a traditional, comfortable setting. Sometimes a rectangular "Head Table" would also require a rectangular "Head Table".

MEETING AND BANQUET FACILITIES

Room	Room Dimensions	Square Footage	Height	Dining		Dining Dancing		Theatre	Class Room	Board Room	U-Shape/ Hollow Square	Reception
				Full Rounds	Half Rounds	Full Rounds	Half Rounds					
Terrace	28 x 22	630	18ft	40		n/a	n/a	55	27	24	24	60
Heartland A	32 x 18	582	10ft	40		n/a	n/a	50	24	24	24	55
Heartland B	32 x 20	624	10ft	40		n/a	n/a	50	27	24	24	60
Heartland Ballroom	32 x 38	1206	10ft	80	50	72	40	100	50	32	34	100